

BRISTOL & BATH

FREE TAKE ONE!

FOLIO

THE
WEST'S
BEST
LIFESTYLE
MAG

AUGUST 2008 • No. 163

Inside

Sir Peter Hall talks to Folio about his season at Theatre Royal Bath
Great ideas for family days out
Greener living: England's first cycling city

Plus

Pressure cooking: see how Melissa Blease got on as chef at one of Bath's top restaurants!

Arm candy

Meet the Bristol-based designers behind hot fashion label Angel Jackson, makers of the A-list's must-have handbag

BEAUTY • FASHION • FOOD & DRINK • HEALTH • INTERIORS • PEOPLE • PROPERTY • WHAT'S ON